# SPRING **MENU 2024**

March 1st - June 30th

### **ORDER NOW**

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**Large Print Menu Available Upon Request** 



#### **Diabetes Friendly**

55 grams or less total carbohydrates. (Blood Sugar)



#### **Heart Healthy**

16 grams or less total fat, 5 grams or less saturated fat, and 750 mg or less sodium. (High Blood Pressure, High Cholesterol)



# **Renal Friendly**

750 mg or less sodium, 700 mg or less potassium, and 230 mg or less phosphorus. (Kidney Disease)



#### **Gluten Restricted**

Wheat free. Prepared in a commercial kitchen with a risk of gluten exposure.

# **BREAKFAST**

# Breakfast Egg Scramble 💆 🥨



Egg scramble with diced ham, potatoes, spinach and cheddar cheese. Sides: diced sweet potatoes and pacific berries.

Allergens: egg, milk, pork, soy

# Homestyle Big Breakfast 🗸



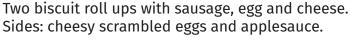
Buttermilk pancakes with cheesy scrambled eggs. Sides: turkey sausage patty and applesauce.

Allergens: egg, milk, soy, wheat

# Mixed-Berry Scone 🗸 📢

Baked mixed-berry scone. Sides: cheesy scrambled eggs and strawberries. Allergens: egg, milk, wheat

# 4. Jimmy Dean Biscuit Roll Up 🗸



Allergens: eggs, milk, pork, soy, wheat

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# 5. Biscuit and Sausage Gravy



Biscuit covered with Jimmy Dean sausage gravy. Sides: cheesy scrambled eggs and diced peaches with raspberry crumble.

Allergens: egg, milk, pork, sesame, soy, wheat

#### 6. Chicken and Waffle

Two chicken tenders with a Belgian waffle. Sides: roasted potato medley and strawberries. Allergens: egg, milk, sesame, soy, wheat

#### 7. Cinnamon French Toast Sticks 💖 🙌 with Berries





Two cinnamon french toast sticks with pacific berries. Sides: turkey sausage patty and diced potatoes. Allergens: milk, egg, soy, wheat

#### **POULTRY**

# 8. Chicken Alfredo 🔮 💔 📢





Penne pasta with garlic alfredo sauce, diced chicken and Italian cheese blend.

Sides: scandinavian vegetables and applesauce.

Allergens: milk, soy, wheat

## 9. Popcorn Chicken Bowl



Breaded popcorn chicken, corn and mashed potatoes with country gravy and cheddar cheese.

Sides: country vegetables and strawberries.

Allergens: milk, soy, wheat

# 10. Garlic Parmesan Chicken 🔮 💔 🙌 镬 and Rice









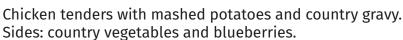
Diced chicken, red peppers, garlic cheese sauce and Parmesan

Sides: peas/carrots and berry tapioca pudding.

Allergens: milk, sesame, soy



# 11. Boneless Fried Chicken Dinner



Allergens: milk, sesame, wheat

## 12. Chicken Cordon Bleu 🗸



Chicken Cordon Bleu with dinner roll. Sides: cheddar mashed potatoes and berry tapioca pudding. Allergens: milk, pork, soy, wheat

# 13. Chicken Cottage Pie 🗸 📢



Diced chicken, chicken gravy and vegetables with mashed potatoes.

Sides: country vegetables and apple strudel bites.

Allergens: milk, sesame, soy, wheat

# 14. Idaho Nachos 🔮



Sidewinder potatoes with taco seasoned chicken crumbles, fiesta blend vegetables, salsa and cheese sauce. Sides: churro bites and strawberries.

Allergens: egg, milk, soy, wheat

# 15. Turkey Dinner Bowl 🗸

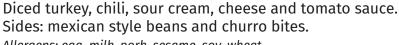


Diced turkey, bread stuffing and gravy. Sides: cheddar mashed potatoes and country vegetables.

Allergens: milk, sesame, soy, wheat







Allergens: egg, milk, pork, sesame, soy, wheat

#### **BEEF**

# 17. Chopped Steak Patty 🔮 💔 📢 and Beef Gravy





Charbroiled chopped beef steak patty and cheddar mashed potatoes with brown gravy.

Sides: macaroni and cheese and strawberries.

Allergens: milk, sesame, soy, wheat

# 18. Classic Meatloaf Dinner 🗸



Seasoned beef meatloaf, cheddar mashed potatoes and beef gravy. Sides: dinner roll and country vegetables.

Allergens: egg, milk, sesame, soy, wheat

#### 19. Salisbury Steak Dinner 🗸 📢



Salisbury steak and cheddar mashed potatoes with brown onion gravy.

Sides: peas/carrots and berry tapioca pudding. Allergens: milk, sesame, soy, wheat

# 20. Country Fried Steak 🗸



Breaded beef steak with cheddar mashed potatoes and country gravy.

Sides: country vegetables and applesauce.

Allergens: milk, soy, wheat

# 21. Pasta Meatball Bake 💆 🗣 📢





Penne pasta with meatballs in cheesy tomato sauce. Sides: scandinavian vegetables and applesauce. Allergens: milk, pork, wheat

# 22. Idaho Steak Fingers 💆 👽 📢



Battered beef strips with country gravy and tater tots. Sides: corn and strawberries.

Allergens: milk, soy, wheat

#### **SEAFOOD & FISH**

# 23. Ancient Grain Salmon Bowl 🔮 👽 📢



Salmon mixed with ancient grains and kale, edamame succotash and sweet Asian sauce.

Sides: peas/carrots and apple strudel bites.

Allergens: fish, sesame, soy, wheat

# 24. Creamy Garlic Shrimp 🔮 👽 🙌 🔞







Shrimp in a creamy garlic sauce over rice. Sides: scandinavian vegetables and blueberries. Allergens: milk, shellfish, soy

# 25. Fish and Chips 💙



Battered cod and tater tots. Sides: country vegetables and diced peaches.

Allergens: fish, milk, sesame, soy, wheat

#### **PORK**

# 26. Sunday Ham Dinner 🔮 👽 🙌







Ham slice with pineapple tidbits and sweet potato casserole. Sides: dinner roll and peas/carrots.

Allergens: egg, milk, sesame

# 27. Grandpa's Pork Rib Patty 🗸



Boneless BBQ pork rib patty with tater tots. Sides: dinner roll and sweet cherries.

Allergens: pork, sesame, soy

# 28. Pepperoni and Cheese Calzone 🗸 🗣 📢





Whole grain calzone filled with pepperoni, crushed tomatoes and mozzarella cheese.

Sides: 5-way vegetables and diced peaches.

Allergens: milk, soy, wheat

#### 29. Pork Tamale 💆





Corn tamale filled with mild red chile pork and mexican rice. Sides: corn and blueberries.

Allergens: pork, sesame, soy

#### **VEGETARIAN**

# 30. Pizza Bagel with Mini 💆 👽 📢 **Yogurt Parfait**





Pizza bagel topped with cheese. Sides: vanilla yogurt and strawberry-apple mix. Allergens: milk, wheat, sesame

# 31. Homestyle Macaroni 💙 💎 📢 and Cheese





Elbow macaroni, cheese sauce and shredded cheddar cheese. Sides: country vegetables and sweet cherries.

Allergens: milk, sesame, wheat

Allergens: egg, milk, soy, wheat

#### 32. Gnocchi Pasta Meal 🗸



Cheese filled gnocchi with tomato alfredo sauce. Sides: scandinavian vegetables and berry tapioca pudding.

#### 33. Kimchee Fried Rice 💆 🖤 📢





Kimchee fried rice with vegetable spring roll. Sides: edamame succotash and brownie bites.

#### HAND-HELD MEALS (single compartment tray)

#### 34. Jimmy Dean Sausage, Egg, 🗸 and Cheese Sandwich



English muffin, country pork sausage patty, fried egg and American cheese. Sides: diced sweet potatoes.

Allergens: egg, milk, pork, soy, wheat

35. Homestyle Cheeseburger 🔮 A charbroiled beef patty with American cheese on a

hamburger bun. Sides: scandinavian vegetables and brownie bites.

Allergens: egg, milk, sesame, soy, wheat