



**Homestyle Direct**  
Your Health. Your Meals. Your Choice.

2032 Highland Ave. E., Twin Falls, ID 83301

Spring & Summer Menu March 1st to June 30th

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# SPRING MENU 2024

March 1st - June 30th

**ORDER NOW**



homestyledirect.com



1-866-735-0921



support@homestyledirect.com

Large Print Menu Available Upon Request



## Diabetes Friendly

55 grams or less total carbohydrates.  
(Blood Sugar)



## Heart Healthy

16 grams or less total fat, 5 grams or less saturated fat,  
and 750 mg or less sodium.  
(High Blood Pressure, High Cholesterol)



## Renal Friendly

750 mg or less sodium, 700 mg or less potassium,  
and 230 mg or less phosphorus.  
(Kidney Disease)



## Gluten Restricted

Wheat free. Prepared in a commercial kitchen with a risk  
of gluten exposure.

## BREAKFAST

### 1. Breakfast Egg Scramble

Egg scramble with diced ham, potatoes, spinach and cheddar cheese.  
Sides: diced sweet potatoes and pacific berries.

Allergens: egg, milk, pork, soy

### 2. Homestyle Big Breakfast

Buttermilk pancakes with cheesy scrambled eggs.  
Sides: turkey sausage patty and applesauce.

Allergens: egg, milk, soy, wheat

### 3. Mixed-Berry Scone

Baked mixed-berry scone.  
Sides: cheesy scrambled eggs and strawberries.

Allergens: egg, milk, wheat

### 4. Jimmy Dean Biscuit Roll Up

Two biscuit roll ups with sausage, egg and cheese.  
Sides: cheesy scrambled eggs and applesauce.

Allergens: eggs, milk, pork, soy, wheat

### 5. Biscuit and Sausage Gravy

Biscuit covered with Jimmy Dean sausage gravy.  
Sides: cheesy scrambled eggs and diced peaches with  
raspberry crumble.

Allergens: egg, milk, pork, sesame, soy, wheat

### 6. Chicken and Waffle

Two chicken tenders with a Belgian waffle.  
Sides: roasted potato medley and strawberries.

Allergens: egg, milk, sesame, soy, wheat

### 7. Cinnamon French Toast Sticks with Berries

Two cinnamon french toast sticks with pacific berries.  
Sides: turkey sausage patty and diced potatoes.

Allergens: milk, egg, soy, wheat

## POULTRY

### 8. Chicken Alfredo

Penne pasta with garlic alfredo sauce, diced chicken and  
Italian cheese blend.

Sides: scandinavian vegetables and applesauce.

Allergens: milk, soy, wheat

### 9. Popcorn Chicken Bowl

Breaded popcorn chicken, corn and mashed potatoes with  
country gravy and cheddar cheese.

Sides: country vegetables and strawberries.

Allergens: milk, soy, wheat

### 10. Garlic Parmesan Chicken and Rice

Diced chicken, red peppers, garlic cheese sauce and Parmesan  
cheese.

Sides: peas/carrots and berry tapioca pudding.

Allergens: milk, sesame, soy

Homestyle Direct may make meal substitutions without prior notice.

11. Boneless Fried Chicken Dinner

Chicken tenders with mashed potatoes and country gravy.  
Sides: country vegetables and blueberries.  
Allergens: milk, sesame, wheat

12. Chicken Cordon Bleu

Chicken Cordon Bleu with dinner roll.  
Sides: cheddar mashed potatoes and berry tapioca pudding.  
Allergens: milk, pork, soy, wheat

13. Chicken Cottage Pie

Diced chicken, chicken gravy and vegetables with mashed potatoes.  
Sides: country vegetables and apple strudel bites.  
Allergens: milk, sesame, soy, wheat

14. Idaho Nachos

Sidewinder potatoes with taco seasoned chicken crumbles, fiesta blend vegetables, salsa and cheese sauce.  
Sides: churro bites and strawberries.  
Allergens: egg, milk, soy, wheat

15. Turkey Dinner Bowl

Diced turkey, bread stuffing and gravy.  
Sides: cheddar mashed potatoes and country vegetables.  
Allergens: milk, sesame, soy, wheat

16. Mexican Turkey Casserole

Diced turkey, chili, sour cream, cheese and tomato sauce.  
Sides: mexican style beans and churro bites.  
Allergens: egg, milk, pork, sesame, soy, wheat

BEEF

17. Chopped Steak Patty and Beef Gravy

Charbroiled chopped beef steak patty and cheddar mashed potatoes with brown gravy.  
Sides: macaroni and cheese and strawberries.  
Allergens: milk, sesame, soy, wheat

18. Classic Meatloaf Dinner

Seasoned beef meatloaf, cheddar mashed potatoes and beef gravy.  
Sides: dinner roll and country vegetables.  
Allergens: egg, milk, sesame, soy, wheat

19. Salisbury Steak Dinner

Salisbury steak and cheddar mashed potatoes with brown onion gravy.  
Sides: peas/carrots and berry tapioca pudding.  
Allergens: milk, sesame, soy, wheat

20. Country Fried Steak

Breaded beef steak with cheddar mashed potatoes and country gravy.  
Sides: country vegetables and applesauce.  
Allergens: milk, soy, wheat

21. Pasta Meatball Bake

Penne pasta with meatballs in cheesy tomato sauce.  
Sides: scandinavian vegetables and applesauce.  
Allergens: milk, pork, wheat

22. Idaho Steak Fingers

Battered beef strips with country gravy and tater tots.  
Sides: corn and strawberries.  
Allergens: milk, soy, wheat

SEAFOOD & FISH

23. Ancient Grain Salmon Bowl

Salmon mixed with ancient grains and kale, edamame succotash and sweet Asian sauce.  
Sides: peas/carrots and apple strudel bites.  
Allergens: fish, sesame, soy, wheat

24. Creamy Garlic Shrimp

Shrimp in a creamy garlic sauce over rice.  
Sides: scandinavian vegetables and blueberries.  
Allergens: milk, shellfish, soy

25. Fish and Chips

Battered cod and tater tots.  
Sides: country vegetables and diced peaches.  
Allergens: fish, milk, sesame, soy, wheat

PORK

26. Sunday Ham Dinner

Ham slice with pineapple tidbits and sweet potato casserole.  
Sides: dinner roll and peas/carrots.  
Allergens: egg, milk, sesame

27. Grandpa’s Pork Rib Patty

Boneless BBQ pork rib patty with tater tots.  
Sides: dinner roll and sweet cherries.  
Allergens: pork, sesame, soy

28. Pepperoni and Cheese Calzone

Whole grain calzone filled with pepperoni, crushed tomatoes and mozzarella cheese.  
Sides: 5-way vegetables and diced peaches.  
Allergens: milk, soy, wheat

29. Pork Tamale

Corn tamale filled with mild red chile pork and mexican rice.  
Sides: corn and blueberries.  
Allergens: pork, sesame, soy

VEGETARIAN

30. Pizza Bagel with Mini Yogurt Parfait

Pizza bagel topped with cheese.  
Sides: vanilla yogurt and strawberry-apple mix.  
Allergens: milk, wheat, sesame

31. Homestyle Macaroni and Cheese

Elbow macaroni, cheese sauce and shredded cheddar cheese.  
Sides: country vegetables and sweet cherries.  
Allergens: milk, sesame, wheat

32. Gnocchi Pasta Meal

Cheese filled gnocchi with tomato alfredo sauce.  
Sides: scandinavian vegetables and berry tapioca pudding.  
Allergens: egg, milk, soy, wheat

33. Kimchee Fried Rice

Kimchee fried rice with vegetable spring roll.  
Sides: edamame succotash and brownie bites.  
Allergens: egg, milk, peanut, sesame, soy, wheat

HAND-HELD MEALS (single compartment tray)

34. Jimmy Dean Sausage, Egg, and Cheese Sandwich

English muffin, country pork sausage patty, fried egg and American cheese.  
Sides: diced sweet potatoes.  
Allergens: egg, milk, pork, soy, wheat

35. Homestyle Cheeseburger

A charbroiled beef patty with American cheese on a hamburger bun.  
Sides: scandinavian vegetables and brownie bites.  
Allergens: egg, milk, sesame, soy, wheat